































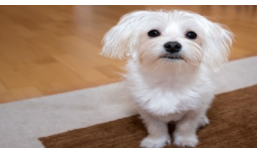

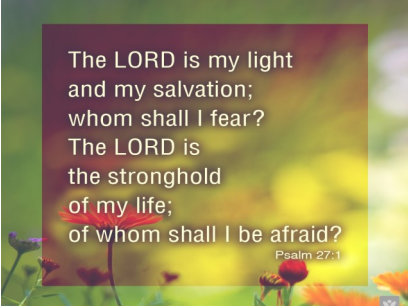




SEPTEMBER 3N 2024



SUNDAY 	MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY 
1 9:30 Calendar Visits 10AM Church Service  2:00 1:1 Activity 4:20 Nederland Zingt Church Ch. 990 7:00 Church Ch. 990	2 Labour Day 10:30 Physio Moves 3S 10:30 Let's Chat 1:30 Coby's Dutch Group  	3 Snoezelen 9:30 Sit & Stretch 10AM Catholic Mass 10:30 Piano Music 2:00 word game 	4 9:30 Sit & Stretch 10:00 Bible Study 2:00 Chapel Service 6:15pm Bingo (Atrium0) 	5 9:30 Sit & Stretch 10:00 I Love Lucy 2:00 In The Class with a snack	6 Read a Book Day 10:30 Physio Moves 3N 11:00 Book Reading (Atrium) 	7 10:00 Men Club (Bowling) 2:00 Bingo 3:00 Musical Movie 
8 10AM Church Service  2:00 1:1 Activity 4:20 Nederland Zingt Church Ch. 990 7:00 Church Ch. 990	9 10:30 Physio Moves 3S 10:00 Queen of the Day 1:30 Coby's Dutch Group 	10 9:30 Sit & Stretch 10AM Catholic Mass 10:30 Special Piano Music 2:00 Ladies Time 	11 9:30 Sit & Stretch 10:00 Bible Study 2:00 Chapel Service 6:15pm Bingo (Atrium) 	12 9:30 Sit & Stretch 10:00 I Love Lucy 12:00 Luncheon 2:30 Puzzle Time 4:30 Ball toss 6:30 Let's talk	13 10:30 Physio Moves 3N 2:00 Hymn Sing (Atrium) 4:30 Ball Toss 6:30 Lets Stroll	14 National Colouring Day 9:30 Art Colouring / Men[s Group 2:00 Bingo 
15 Terry Fox Run  10AM Church Service Ch. 990 2:00 Watch Terry Fox Run On TV 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	16 9:30 Let's Go for a stroll 10:30 Physio Moves 3S 1:30 Coby's Dutch Group 2:00 Outdoor strolls	17 9:30 Sit & Stretch 10AM Catholic Mass 10:30 Special Piano Music 2:00 Obie 3N 	18 National Respect Day 9:30 Sit & Stretch 10:00 Bible Study 2:00 Chapel Service 6:15pm Bingo (Atrium) 	19 9:30 Sit & Stretch 10:00 I Love Lucy 2:00 Resident Spotlight GM3S 3:00 Andrea Ruie	20 10:30 Physio Moves 3N 11:00 Musical Movie (Atrium) 	21 10:00 Men Club Tovertafel 2:00 Bingo 3: Bonanza Show 
22 First Day of Autumn  10AM Church Service Ch. 990 2:00 Andrea Ruie 4:20 Nederland Zingt Ch. 990 7:00 Church Ch.990	23 9:30 Let's Go for a Stroll 10:30 Physio moves 3S 1:30 Coby's Dutch Group	24 9:30 Sit & Stretch 10:00 Catholic Mass GM Chapel 10:30 Piano Music 2:00 Birthdays party (Atrium) 	25 9:30 Sit & Stretch 10:00 Bible Study 2:00 Chapel Service 6:15pm Bingo (Atrium5) 	26 9:30 Sit & Stretch 10:00 I Love Lucy 2:00 You Be the Judge 4:30 Ball Toss 6:30 1:1 Activity	27 10:30 Physio Moves 3N 2:00 Hymn Sing (Atrium)  4:30 Balloon toss 6:30 indoor strolls	28 10:00 Men's Group Board Games 2:00 Bingo 3:00 American Idol 
29 National Coffee Day  10AM Church Service Ch. 990 2:00 1:1 Activity & Coffee 4:20 Nederland Zingt Ch. 990 7:00 Church Ch. 990 	30 Orange Shirt Day 9:30 Let's Chat 10:30 physio moves 3S 1:30 Coby's Dutch Group 2:00 Resident Council GM3S Dining Room	St John's Pet Visits Every Thursday Mornings 		Every Tuesday, Wednesday & Thursday Devotion On Channel 990 @ 9:30		Scheduled programs may be modified into 1:1 visit according to Public Health Directives



SEPTEMBER 2024

GRACE MANOR 3N

